This blog is in honor if my mother, Linda, who was severely injured by an MMR vaccine more than 26 years ago! I love her dearly, and it has pained me to see her go through the divesting effects of the vaccine. However, after thousands and thousands of episodes of measles and mumps, throughout those 26 years, she is now in recovery!

Why did she take the vaccine in the first place you may be wondering? She was attending Kennesaw State University, and because of an outbreak of meningitis in the area, the university mandated that everyone take the vaccine or they could not to attend the university.

You can check out her progress through the years on the “Vaccine History” page of our website. Here she gives a short overview and also a complete history as she shares her journey on her “Path to Healing.”

We hope to help others who may be struggling with the same side effects my mom did. Education and research is the key! We are not anti-vaccine but, we want to advocate education about the risks and benefits of vaccines. Our main focus will be on adult vaccines, but occasionally we’ll share information about childhood vaccines.

Our mission statement is as follows; we incorporate a holistic approach to healing from vaccines as we **communicate**, **educate**, and **liberate** ourselves and others from the devastating effects of vaccines in our lives.

Thank you for your support, sharing your story, and your comments!

Stephanie